

FEBRUARY is Peace and Conflict Resolution Month



2024-2025 OFFICERS AND DIRECTORS



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Caroline L. Andrade DISTRICT GOVERNOR



Jonathan Tse DISTRICT SECRETARY



Ronald Velasquez ASSISTANT GOVERNOR



Tomas Tonguia, Jr. PRESIDENT



Sweet B. Gallinero PRO









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Celema I. Grño CLUB ADMINISTRATION



Mary Nancy P. Gadian PROTOCOL OFFICER

Rogelio Rallos, Jr. THE ROTARY FOUNDATION

COMMITTEE CHAIRPERSONS:

Nieven May Alfeche

CICO

Maribel D. Acuesta MEMBERSHIP DFI



Alan M. Ines PUBLIC IMAGE/DRRM SERVICE PROJECT

AVENUES OF SERVICE



Darnie F. Jandic INTERNATIONAL SERVICE



Mayvelyn G. Urbano EXEC. SECRETARY

Mark Mula YOUTH SERVICE



Xavier J. Bayan COMMUNITY SERVICE



Melani G. Deypalan VOCATIONAL SERVICE







Rotary International President's Message February 2025

Stephanie Urchick

This month, as we come together for the International Assembly and the Presidential Peace Conference, we celebrate The Magic of Rotary — a unique blend of global connection, vision, and action that empowers us to create lasting change. One of the most inspiring examples is our Rotary Peace Fellowship program, a cornerstone of Rotary's mission to build a more peaceful and just world. For more than 23 years, Rotary Peace Fellowships have been transforming communities. Our Rotary Peace Centers, hosted at leading universities around the globe, have educated over 1,800 fellows who now work in more than 140 countries.

These centers cultivate expertise in fields like conflict resolution, sustainable development, and peacebuilding, preparing fellows to tackle some of the world's most pressing challenges. This program exemplifies how Rotary turns vision into action, creating a ripple effect of hope and change. This month during the Presidential Peace Conference, we celebrate a significant milestone with the opening of our newest peace center in Istanbul. This center will focus on training leaders to address peacebuilding challenges in the Middle East and North Africa, further extending Rotary's impact.

Peace fellows are dedicated champions of transformation, addressing critical issues such as refugee resettlement, youth and women's empowerment, and reconciliation in conflict zones. Many founded vital organizations or hold leadership roles in governments, nongovernmental organizations, and international institutions like the United Nations and World Bank.One inspiring story is that of Ntang Julius Meleng, a 2024 Rotary Peace Fellow at Makerere University in Uganda. Through his Social Change Initiative, Julius has worked to empower young people in Cameroon to take active roles in peacebuilding and leadership.

His project provided training in conflict prevention, civic engagement, and leadership to youths and community officials in areas affected by conflict, equipping people to drive sustainable peace efforts. Julius harnessed Rotary's global network to overcome obstacles, including limited funding and security risks, and make a meaningful impact. The Rotary Peace Fellowship gave Julius the tools and support to turn his vision into reality. His work embodies The Magic of Rotary – the transformative power of connecting people, sharing resources, and uniting for a common purpose.

As we reflect on the achievements of our peace fellows and celebrate Rotary's enduring commitment to peace, let us also recognize the role that everyone in our network of 1.2 million members plays in creating magic through service.Together, we can amplify our impact, inspire new generations of leaders, and build a brighter, more peaceful future.

Stephanie A. Urchick RI President, 2024-25



President's Page

"Service as a Pathway to PEACE"

Dear Fellow Rotarians and Friends,

Tommy Tonguia

As we step into the month of February, we embrace one of the most fundamental pillars of Rotary's mission—Peacebuilding and Conflict Resolution. In a world where conflict, division, and misunderstanding often dominate the headlines, we are reminded of our responsibility to be catalysts for peace in our communities and beyond.

Peace is not merely the absence of war; it is the presence of understanding, harmony, and justice. It is about creating environments where people feel safe, valued, and heard. As Rotarians, we recognize that peace begins with us—through our actions, our service, and our unwavering commitment to fostering goodwill.

Our theme for this month, "Peace and Conflict Resolution," reflects our belief that meaningful service is one of the most effective ways to build lasting peace. When we address the root causes of conflict—such as poverty, inequality, lack of education, and social injustice—we lay the foundation for a more peaceful world. Through our projects in education, health, clean water, and economic empowerment, we are not just providing aid; we are giving people the tools to build better futures, reducing tensions and fostering understanding.

Rotary has a long-standing commitment to peacebuilding, from supporting Rotary Peace Centers to funding initiatives that promote dialogue and reconciliation. Whether it's mediating conflicts, helping displaced families, or empowering youth with leadership skills, our collective efforts contribute to a more stable and just society.

Our Role in Conflict Resolution

Conflict is inevitable, but how we respond to it defines our impact. As Rotarians, we must lead by example—practicing patience, listening with empathy, and promoting solutions that benefit all. In our communities, workplaces, and even within our club, we have the power to resolve conflicts through respect and understanding.

This month, let us reflect on how we, as individuals and as a club, can be peacemakers. Let us strengthen partnerships, build bridges where there are divides, and continue to uphold the values of Rotary—Service Above Self—as a guiding force in our peacebuilding efforts.

Thank you for your dedication and passion. Together, let us be ambassadors of peace, bringing light to the darkest corners and hope to those in need.

Yours in Rotary Service,

Tomas Tonguia, Jr President, Rotary Club of Polomolok 101

Editor's Note

The Power of Peace and the Fight Against Cancer

February is a month that reminds us of two vital battles—one for peace and one for life itself. As Rotarians, we dedicate this time to Peacebuilding and Conflict Resolution, a cornerstone of our service to humanity. At the same time, February 4 marks World Cancer Day, a day dedicated to raising awareness and strengthening the fight against a disease that affects millions worldwide.

Rotary's Role in Peace and Conflict Resolution

THE CLUB 101

Rotary has long been a champion of peace, working to address the root causes of conflict—poverty, lack of education, social injustice, and inequality. Through Rotary Peace Centers, scholarships, and global grants, we empower individuals to become mediators, advocates, and agents of change. True peace is not just about resolving disputes; it is about creating conditions where conflicts do not arise in the first place.

In our own communities, we can be peacebuilders by fostering understanding, promoting dialogue, and ensuring that no one is left behind. Whether through local service projects, humanitarian aid, or simply extending kindness to others, each of us has the power to make a difference.

World Cancer Day: A Personal Fight, A Global Cause

As we advocate for peace in the world, we must also fight for health equity. World Cancer Day, observed on February 4, is a global call to action to close the care gap, ensuring that everyone has access to prevention, early detection, and treatment. As a breast cancer survivor myself and advocate, I have seen firsthand the importance of awareness, support, and accessible healthcare. Cancer does not just affect individuals—it impacts families, communities, and societies.

Rotary has played a role in cancer awareness and treatment through health initiatives, medical missions, and partnerships with organizations dedicated to cancer and patient support. By continuing these efforts, we bring hope to those battling the disease and work toward a future where no one has to face cancer alone.

A Month of Service, A Lifetime of Impact

Whether through peacebuilding or health advocacy, our mission as Rotarians is clear: service is our pathway to a better world. Let February be a reminder that the challenges we face—be they conflict or illness—can be overcome through unity, compassion, and action. Together, we can build a world where peace prevails and where no one has to fight cancer alone.

Let us continue our journey of service, making every act of kindness a step toward peace and every effort in health advocacy a beacon of hope.

May Urbano

Editor-in- Chief



TREASURER'S PAGE

by: Jade Rallos

Fulfilling Our Commitment Through Club Dues

As dedicated members of our Rotary Club, we share a common mission-to serve our communities, uphold the values of Rotary, and contribute to meaningful change. One essential way we support our club and ensure its smooth operation is by fulfilling our obligation to pay our club dues.

Our club must meet the deadlines for our financial commitments to Rotary International and our district, which enable us to continue participating in global and local initiatives. These dues are not just a responsibility but a vital investment in the sustainability of our club's programs and activities.

You may wonder, where do our club dues go? Here's how they support our club's operations:

Rotary International and District Contributions – These ensure our club remains in good standing, allowing us to participate in international programs, training, and grants.

Club Operations - Dues help cover administrative costs, meeting expenses, and essential resources that keep our club running efficiently.

Service Projects and Community Outreach – A portion of our funds supports the initiatives we undertake to make a difference in our communities.

Your commitment to paying dues on time ensures that our club remains strong, active, and impactful. Let's continue working together to uphold the values of Rotary and sustain the projects that make a difference.

If you have any concerns regarding your dues, please feel free to reach out. Your support is truly appreciated.



Peace and conflict resolution stand at the heart of Rotary's humanitarian efforts, shaping communities and transforming lives worldwide. As one of Rotary's seven areas of focus, this commitment goes beyond simply addressing conflicts—it seeks to prevent them by tackling their root causes.

Through educational programs, peace fellowships, and grassroots initiatives, Rotary empowers individuals with the skills to mediate disputes, promote understanding, and foster social cohesion. By addressing issues such as poverty, inequality, and lack of access to education, Rotary helps build a world where peace is not just an ideal but a reality.

As global challenges evolve, so does Rotary's approach to peacebuilding. With a greater emphasis on inclusivity, collaboration, and sustainable impact, Rotary continues to create environments where dialogue thrives and conflict gives way to lasting harmony.

Rotary doesn't just advocate for peace—it actively builds the conditions for it to flourish.





THE IMPORTANCE OF PEACE: A STORY OF SERVICE AND HOPE



By: Rtn. Mary Nancy Gadian

PEACE is more than just the absence of war; it is the foundation upon which communities grow, children thrive, and societies flourish. In conflict-stricken areas, where violence and instability reign, it is the innocent—especially children—who suffer the most. My journey as a Military Officer assigned to war-conflict remote provinces in Mindanao opened my eyes to this painful reality, yet it also ignited in me a passion for peace and education.

During my time in the military, I was deployed to areas where armed conflict was a part of daily life. Fear loomed in every corner, and the people—especially children—lived in uncertainty. Many of these children had never set foot in a classroom. Some were already older but could not even read or write because war had robbed them of their right to education. Witnessing their struggles, I knew I had to do something. I started volunteering to teach them, offering them not just knowledge but also hope for a better future. In their eager eyes, I saw resilience; in their enthusiasm, I saw the promise of a brighter tomorrow.

That experience changed me. When my time in the military ended, I carried with me the lessons of my service and the deep desire to continue my mission of peace through education. This calling led me to become an educator, dedicating my life to empowering children with knowledge and opportunities. Education, I realized, is one of the most powerful tools for peace. When children learn, they grow up with the ability to dream beyond conflict, to aspire for progress, and to become instruments of change in their communities.

As a Rotarian, I continue my advocacy for peace and education. The Rotary motto, "Service Above Self," aligns perfectly with my belief that peace is built through acts of kindness, understanding, and service. I share my story not for recognition but in the hope that it inspires others to take action—whether through education, humanitarian work, or simply by fostering understanding among different communities.

Peace is possible when we work together to break the cycle of violence and ignorance. It begins with the smallest acts—teaching a child to read, extending a helping hand, or choosing dialogue over conflict. It is my hope that by sharing my journey, more people will realize the profound impact of peace and education, and that together, we can build a world where children no longer have to suffer the consequences of war.

Let us all be ambassadors of peace, one child, one lesson, and one act of kindness at a time.









Creating a World where Peace can Thrive

Conflict, violence, and human rights violations have displaced over 70 million people worldwide—half of them children. In a world where division often takes center stage, the need for peacebuilding is more critical than ever. Rotary is committed to turning the tide, empowering communities with the tools and knowledge to foster understanding and resolve conflicts.

As a humanitarian organization, Rotary believes that peace starts at the local level. Through service projects, education initiatives, and peace fellowships, we address the root causes of conflict—poverty, discrimination, and lack of resources—helping build stronger, more resilient communities.

But peacebuilding isn't just about preventing war; it's about creating opportunities, promoting dialogue, and ensuring equity. Today, Rotary is expanding its efforts, making peacebuilding more inclusive and accessible. By uniting people from different backgrounds and perspectives, we strengthen the foundations of lasting change.

Rotary doesn't just envision a peaceful world—we take action to create it.



by: CP Omar Gallinero





ROSTER OF MEMBERS

Rotary Year 2024-2025

NAME

Acuesta, Maribel D.	"Bel"	PHF
		PHF
Alfeche, Nieven May V.		ГПГ
Balano, Gladys D.	"Glad"	PHF
Bayan, Xavier J.	"Bobet"	PHF+3
Castaniaga, Lani A.	"Lan"	PHF
Cruz, Rizaldy R.	"Zaldy"	PHF
Deypalan, Melani G.	"Mel"	PHF
Gallinero, Omar S.	"Mar"	PHF+1
Gallinero, Charo Lyka	B."Sweet"	PHF
Grino, Celema I.	"Cel"	PHF
Ines, Alan M.	'Lan"	PHF+1
Jandic, Darnie F.	"Bing"	PHF+1
Pineda, Rona F.	"Ron"	PHF
Publico, Krispian Troy	M. "Troy"	PHF
Rallos, Jade N.	"Jade"	PHF+3
Rallos, Rogelio Jr.	"Wang"	PHF+7
Sabellano, Ivie L.	"Ivie"	PHF
Teoxon, Malou A.	"Lou"	PHF
Tonguia, Tomas, Jr	"Tommy"	PHF
Urbano, Mayvelyn G.	"May"	PHF+2

CLASSIFICATION

Dental Services: Pediatrics
Hospital Services; CEO Secretary
Registrar; Private
Law; General Practice
Management: Government Bank
Architecture: Building
Dental Services: Orthodontics
Management; Photography & Events
Management; Nail Spa
Dental Services; Hospital
Administration; Private School
Management; Spa
Management;Farm Resort& Restaurant
Financial Advisor
Medical Technologist
Medical Supplies Distribution
Management; Government Bank
Management: Travel & Tours
Management; Rice Retail
Management: Restaurant Fast Food

NEW MEMBERS

Balcita, Klinch Alfred
de Guzman, Gina
Gadian, Mary Nancy P.
Ileto, Rynel J.
Labajo, Darlene Hannah C.
Labajo, Dolores, C.
Tito, Rutcie

"Klinch" "Gin" "Nancy" "Rynz" "Hannah" "Dolly" "Rutc" Banking Services Education; Tertiaty Maritime Consultant Management; Beauty Products Junior Executive Marketing Management; Farm Resort Business Services

HONORARY MEMBERS

Ambat, Milbert C. Rogers, Liza M.

February Meetings













February Fellowships

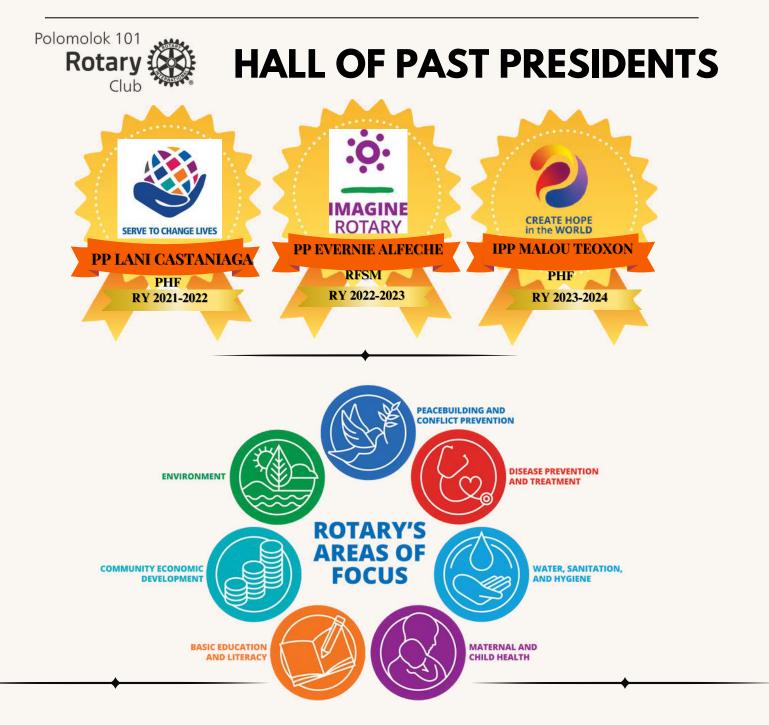












SEVEN AREAS OF FOCUS COMMITTEE CHAIR

BASIC EDUCATION & LITERACY- PE GINA DE GUZMAN/RTN. NANCY GADIAN DISEASE PREVENTION & TREATMENT- PP MEL DEYPALAN/PP BEL ACUESTA COMMUNITY ECONOMIC DEVELOPMENT- RTN RYNELL ILETO/PP FANNY FERNANDEZ WATER & SANITATION- RTN KLINCH BALCITA/VP TOMMY TONGUIA, JR MATERNAL & CHILD- RTN DOLORES LABAJO/RTN HANNAH LABAJO PEACE & CONFLICT RESOLUTION- PP XAVIER BAYAN/PAG ALAN INES ENVIRONMENT- RTN RUTCIE TITO/ RTN MARK MULA



Mário César Martins de Camargo



THE RI PRESIDENT-ELECT SPEAKS ABOUT THE POWER OF ROTARY'S MEMBERS

Rotary International President-elect Mário César Martins de Camargo asked members to Unite for Good by embracing growth, service, and connection as he outlined a plan to expand "the best-qualified team of volunteers on the planet."

"Rotary's greatest asset is not our history, our projects, or even our unmatched global reach. It is our members," de Camargo said at the organization's
International Assembly in Orlando, Florida, USA, on 10 February. He noted praise from one of Rotary's partners about "the extraordinary dedication" of Rotary members. "That recognition from an outsider deepened my understanding: Rotary's greatest gift to the world is its people."

De Camargo, a member of the Rotary Club of Santo André, São Paulo, Brazil, emphasized the importance of seeking out new perspectives and strengthening Rotary's service to communities around the globe. He outlined three "essential pillars" for growth: innovation, continuity, and partnership.

Ultimately, de Camargo said, all of Rotary's achievements and growth depend on members. By focusing on attracting and retaining them, Rotary can renew its strength as well as its ability to create change in communities for years to come. "In a world often divided, Rotary stands as a beacon of unity and hope," de Camargo said. "Our projects bring together people of all races, religions, genders, ideologies, and economic backgrounds, uniting us in a shared purpose: to do good in the world. ... Let's build a Rotary that unites for good and ensures a brighter future for all."





BY: PP XAVIER J. BAYAN

With over 70 million people displaced by conflict, violence, and persecution, the urgency for peacebuilding has never been greater. Among those affected, half are children, growing up in environments where fear and instability replace hope. Rotary refuses to accept conflict as a way of life. Instead, through education and community-driven initiatives, we empower individuals with the skills to foster understanding and resolve disputes peacefully.

As a global humanitarian organization, Rotary places peace at the core of its mission. By addressing the root causes of conflict—poverty, discrimination, lack of access to education, and resource inequality—our members work to create lasting change. Through service projects, peace fellowships, and scholarships, we equip communities with the tools to break cycles of violence and build a foundation for stability.

As the world changes, so does Rotary's approach to peace. We are expanding our reach, fostering inclusivity, and creating more opportunities for individuals to take part in peacebuilding. By strengthening communities at the local level, we contribute to a more peaceful world—one step at a time.

Rotary doesn't just promote peace; we actively create the conditions for it to thrive.





falling In Love with ROTARY

LOVE is more than just a feeling—it is an action, a commitment, and a way of life. As Rotarians, we fall in love with Rotary because it gives us the opportunity to serve with passion and purpose. It is a love that knows no boundaries, a love that reaches out to the underprivileged, especially children who long for hope and happiness.

This Valentine's Day, we celebrate love in its purest form—the love of giving. We see love in the eyes of a child who receives a simple toy, a warm piece of clothing, or the chance to learn. We feel love when we extend a helping hand, bringing joy to those who have so little yet deserve so much. Rotary teaches us that love is not just about grand gestures, but about small, meaningful acts of kindness that change lives.

This is what the Rotary Club of Polomolok 101 does—we give love in our own little way. Whether it's sharing a meal, providing school supplies, offering medical assistance, or simply spending time with those who need comfort, we believe that even the smallest acts of love can make a big difference. Through our service, we bring warmth to the hearts of children, families, and to our community, letting them know that they are not forgotten.

Beyond service, Rotary fills our hearts with friendships that last a lifetime. Our fellow Rotarians become family—bound together by a shared mission to make the world a better place. Through every project, every outreach, and every smile we bring to those in need, we are reminded that love is not just about what we give, but about the connections we build and the lives we touch.

This Valentine's Day, let's not only express love with words but also through action. Let's spread love through kindness, generosity, and compassion—because to love Rotary is to love humanity. It is a love that inspires, uplifts, and never fades.

Happy Valentine's Day from the Rotary Club of Polomolok 101! 🎔 ኛ 🖤

Rotary Club of Polomolok 101 in Action



As we celebrate Rotary Week, we take pride in sharing how the Rotary Club of Polomolok IOI has been a beacon of hope and service in our community. Our mission is simple yet powerful—to serve and uplift lives, one act of kindness at a time. Children are at the heart of our programs. We bring joy to their faces by giving them toys, clothes, school supplies, hygiene kits ensuring they have the tools they need to learn and grow. Beyond that, we care for their health by offering free fluoride application to protect their smiles for years to come.

We extend our hands to Indigenous families, recognizing their struggles and supporting them with essential needs. Through our outreach programs, we provide pre loved clothing, household stuffs, and noche buena packages when Christmas season comes, and vegetable seedlings—empowering them to cultivate their own food and sustain their livelihood.

Education is a pillar of progress, and we stand firm in supporting schools. We donate books to fuel young minds, paints to brighten their learning spaces, and cleaning materials to ensure a healthy environment for students.

In times of crisis, we are there. When fire victims lose everything, we help them rebuild by providing household items and monetary assistance. Our commitment to humanity extends to life-saving efforts as well, with our members donating blood to those in need. Beyond serving individuals, we take responsibility for our environment. We plant trees along riverbanks, helping restore nature and protect communities from disasters. We also clean our rivers, ensuring a healthier ecosystem for future generations. One of our most vital missions is our fight to End Polio. We help raising funds and supporting vaccination efforts, we work towards a future where no child suffers from this preventable disease. We believe that every child deserves a chance to run, play, and dream without the threat of polio holding them back.

Rotary Club of Polomolok 101 is more than just an organization—it is a family of compassionate individuals dedicated to making the world a better place. As we celebrate Rotary Week and Rotary International's 120th Foundation Anniversary, we invite everyone to join us in our journey of service. Together, we can continue to spread smiles, change lives, and create a lasting impact in our community and beyond.

The Club 101

February 2025

THE CLUB IOI CALENDAR OF ACTIVITIES



by: PP Cel Grino

JULY- MATERNAL & CHILD HEALTH AUGUST-MEMBERSHIP & NEW CLUB DEVELOPMENT SEPTEMBER-BASIC EDUCATION & LITERACY OCTOBER- COMMUNITY ECONOMIC & DEVELOPMENT MONTH NOVEMBER- ROTARY FOUNDATION DECEMBER-DISEASE PREVENTION & TREATMENT JANUARY- VOCATIONAL SERVICE FEBRUARY- PEACEBUILDING & CONFLICT RESOLUTION MARCH-WATER, SANITATION & HYGIENE APRIL- ENVIRONMENTAL MONTH MAY- YOUTH SERVICE JUNE- ROTARY FELLOWSHIP



Rotary Clubs of Area 3FGH Celebrate Rotary International's 120th Anniversary with a Sportsfest



In celebration of Rotary International's 120th Foundation Anniversary, the Rotary Clubs of Area 3FGH organized a vibrant sportsfest to mark the culmination of Rotary Week on February 23, 2025, at Dole Philippine School, Kalsangi. Rotarians gathered for a day of camaraderie, sportsmanship, and friendly competition, engaging in fun-filled games such as a golf tournament, basketball, big volleyball, Larong Pinoy, tug of war, Pinoy Henyo, and the highly anticipated Cheer/Dance/Yell Contest.

The event kicked off as early as 7 AM with an opening message from President Yohei Kajikawa of the Rotary Club of Central Polomolok, the host club for this year's sportsfest. Throughout the event, Rotarians enthusiastically cheered for their teams, fostering a lively and energetic atmosphere as participants competed in various games.

Beyond the competition, this gathering served as an opportunity for Rotarians to unwind, enjoy sports, and strengthen their bonds over a sumptous shared meal. The spirit of fellowship was at the heart of the event, highlighting the essence of Rotary beyond service friendship and unity.

Congratulations to all clubs especially Area 3F(where RC Polomolok 101 belong) for emerging as the overall champion! However, more than winning, this event was about building connections, promoting teamwork, and celebrating the Rotary spirit.





The Rotary Club of Polomolok 101: A Legacy of Service

The Rotary Club of Polomolok 101 was officially chartered by Rotary International on August 31, 2005, through the dedicated efforts of its mother club, the Rotary Club of Midtown Gensan. While initial attempts to establish a Rotary club in Polomolok began as early as February 2003, it was only in January 2005 that persistence bore fruit. With the support of RC Midtown Gensan, Omar Gallinero was appointed as the club's Charter President, leading 25 charter members from diverse professional backgrounds. The club was established under the leadership of then-District Governor Len Magno of District 3860.

The number 101 in the club's name holds special significance. First, it marks the club's founding during Rotary International's 101st anniversary. Second, it represents the club's distinction as the 101st chartered club under District 3860.

Registered under District 3860, Area 3F with Club Number 70517, the Rotary Club of Polomolok 101 continues to thrive, powered by a dedicated team of 25 committed individuals who embody the spirit of service above self.

Mission Statement

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through its fellowship of business, professional, and community leaders.

Vision Statement

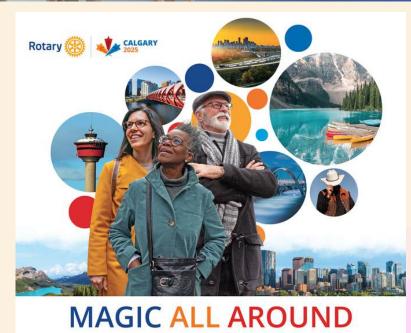
"Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves."

The Club 101

IMPORTANT DATES TO REMEMBER







21-25 JUNE 2025 • CALGARY, CANADA Register today at **convention.rotary.org**





24th General Membership Meeting & Fellowship Night DownTown Blvd 10 February 2025/6pm

PROGRAMME

Call To Order Invocation **Rotary Code of Conduct** & the 4 Way Test

President's Time Open Forum Adjournment

Pres. Tommy Tonguia **Rtn Dolly Labajo PP Gladys Balano**

Pres. Tommy Tonguia

Pres. Tommy Tonguia

Moderator- PP Wang Rallos

Invocation

Almighty Father, we invite You into our midst during this weekly gathering. We come to this meeting inbued with satisfaction in our jobs, eager to share our experiences, happy to see our fellow Rotarians, and raring to work for the welfare of our fellowmen.

Our enjoyment of the Rotary is made fuller and more meaningful because you have given us, Oh Lord, the gift of generosity and love for the needy and the downtrodden. Through the different projects and services of our club, we have achieved greater fulfillment as persons.

We thank You, Almighty Father, for making us the instruments of Your Love. We love You for giving us the happiness in and through Rotary, AMEN...

ROTARY CODE OF CONDUCT

As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities

2. Use my vocational experience and talents to serve in Rotary

3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others

4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings

5. Promote recognition and respect for all occupations which are useful to society

Offer my vocational talents: to provide 6. opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community

7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring disfavor or reflect adversely on Rotary or fellow Rotarians 8. Neither seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship

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The Urban Kitchen

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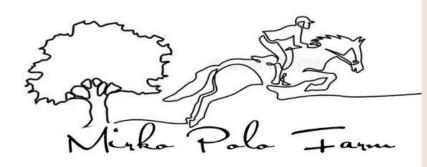
"Great food at affordable prices! Visit us at F.G. Urbano Bldg., **May authentic** Rañada Subd., Cannery Rd., lutong bahay experience ka na for Polomolok, SC to get deliciously affordable lutong bahay meals! as low as ₱25!



...

"A Lifelong Global Leading Partner in Healthcare Solutions"







6.9 foodpanda

Download the

FOODPANDA

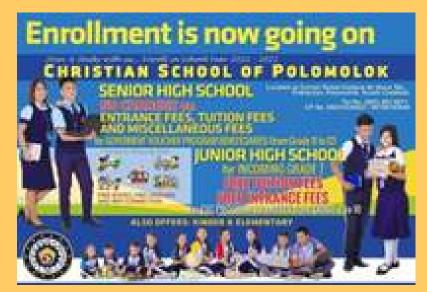
APP and order at THE URBAN KITCHEN -CANNERY ROAD now!

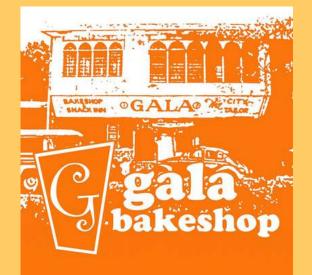
Ready to take orders from 10:00 AM to 1:30 PM! Mondays to

Saturdays Hours subject to change without prior notice



























YOUR HOME AWAY FROM HOME Km 1693, Tango, Glan Sarangani Province ow-key abode to relax in, sitting along the blacksand bea away from the hustles and bustles of city life. https://www.facebook.com/baantessaro

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KAMAYAN RESTAURANT



